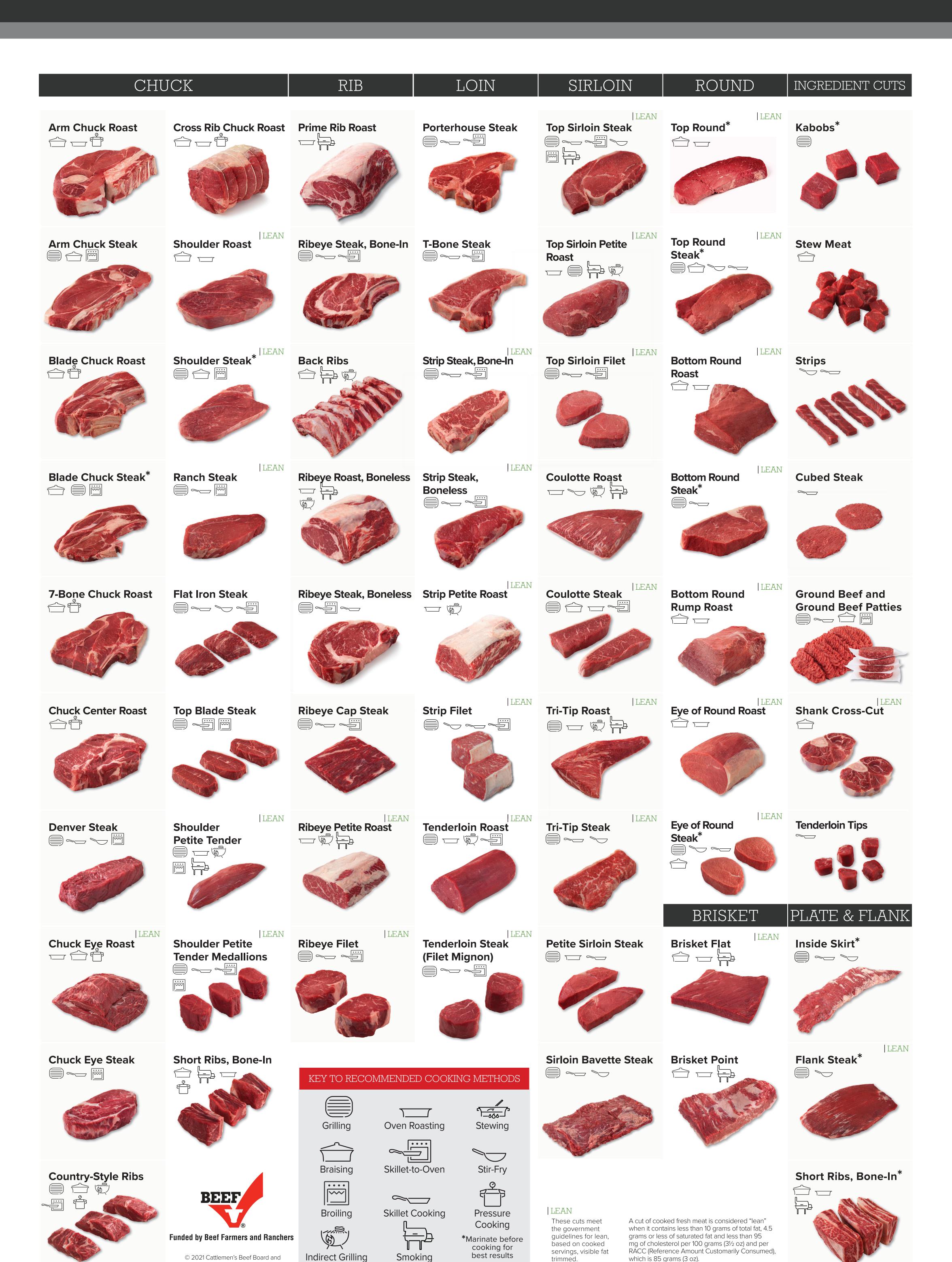


BEEF CUTS

AND RECOMMENDED COOKING METHODS



which is 85 grams (3 oz).

trimmed.

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